

Chapter 8

TIPS TO CREATE SUCCESSFUL VISIONS

It's not enough to just create your vision. You have to put it into practice. It's like making files...

You can make the files and stuff them in a filing cabinet. You know the papers inside the file are there, but the file isn't being utilized. None of this important information is doing you any good. You may even be making **mistakes** by not referencing it!

So if you want that vision to be realized, use what's in the file! Your vision will happen bigger and faster if you do!

What are some powerful ways to use your visualization "file"?



- Read it out loud to yourself on a daily basis.
- Read it out loud to other people on a regular basis. Make sure it's a supportive person, not someone who'll pooh-pooh your vision.
- Record yourself reading it and listen to it as you fall asleep every night. Ever so slowly, your vision will seep into your subconscious and become part of you.

- Make your vision visible. In other words, put it someplace where you can see it every day. This can be done in a variety of ways: words, pictures, images, drawings, collages and photos that symbolize your vision and produce the feeling of having it. Ideally, you want to look at what you've created and feel deep inside how much it means to finally possess it.
- Do "closed eye exercises" for a few minutes each day. **Play your vision in your head like it's your own personal movie.** As you watch it, concentrate really hard on conjuring up the feelings of having it.
- Elevate it even further by feeling it in your body. If you lived in that dream house, how would it feel to you physically? What would you do if someone called to tell you the house was all yours? Would you scream and shout or cry tears of happiness? Phone a friend? Harness the raw emotion, the physical sensation of how you'd react.

So using the dream house example for a moment, you'd cut pictures out of magazines to assemble what your dream house looks like. Or if you've been to open houses and fell in love with one, take a picture of it.

Maybe even affix certain words to the images. Tape it to a wall or mirror and every time you look at it, **feel** what it would be like to live there. Having that visual representation of your vision in front of you every day is a powerful trigger for extracting the feelings that'll attract your dream house to you.

A "SECRET" TO SUCCESS STORY

I have to share this victory. I had this happy little thought yesterday morning: "Wouldn't it be great if I could create in excess of \$5,000 today!?!"

Well, I heard from a colleague of mine that a design job we bid on in January and thought was dead was back. The contract should be signed by Monday, and a deposit made ... My total net is in excess of \$5,000! I should receive at least \$3,000 of it next week!!!

I'm telling you, this "surrender to what is" thing is so powerful! Staying in the now with visions launched, and monitoring feelings to stay in joy is REAL...

- Teresa

Anisa Aven, Law Of Attraction Success Stories
<http://www.articlesbase.com/motivational-articles/law-of-attraction-success-stories-199550.html>